

## Please Read and Sign

I understand and accept that Matignon High School, including the staff of the Warrior Hockey Clinic, will not be held liable for accidents and medical or dental expenses incurred as a result of participation in this clinic. Matignon High School and the clinic staff is not responsible for any lost or stolen property during this clinic. Clinic attendees are responsible for property damage while attending the clinic. In the event of injury or illness, the clinic has my permission to provide medical care.

**I understand the fee will only be refunded if the clinic is cancelled.**

Parent/guardian

Name: \_\_\_\_\_  
(please print)

Parent/guardian

Signature: \_\_\_\_\_



Matignon High School

Expect Excellence

### General Information:

Warrior Hockey Clinic is part of Matignon High School's Summer Sports Clinics. The emphasis of these clinics will be for young athletes to have fun while they learn the fundamentals of skating and hockey skills while promoting positive self-esteem and building confidence.

### Warrior Clinic Philosophy

The most important part of playing hockey is building the proper foundation. By solidifying your skating and puck handling skills, you will be able to elevate the other parts of your game. Building a stronger base will also give you the confidence to challenge yourself both on and off the ice.

We offer a clinic that teaches the fundamentals in a safe environment, allowing the player to take risks so they can further stretch their own development.

By hiring a staff that is dedicated to teaching and youth development, we are able to achieve these goals of improvement in a fun environment.

Our goal is to make each player a better player by the end our camp. We want each player to not only improve during the week, but also enable them to improve long after they have finished the camp.

### Clinic Details

Power Skating and Skills runs from 1pm –3pm, August 8th thru 12th at Stoneham Ice Arena

Overspeed & Shooting runs from 3pm—5pm, August 8th thru 12th at Stoneham Ice Arena

Warrior Hockey Clinic

To register or for more information email:  
Jess DePolito –

1 Matignon Rd., Cambridge, MA 02140

1 Matignon Rd.,  
Cambridge, MA 02140

E-mail: [jdepolito@matignon-hs.org](mailto:jdepolito@matignon-hs.org)

WARRIOR HOCKEY CLINIC



August 8th –12th

Featuring 2 clinics:

- Power Skating/Skills
- Overspeed & Shooting

For Junior High School  
& High School Players  
trying to improve their  
game

Cost: \$225 per session

August 8th –12th, 1-5pm  
Stoneham Ice Arena

**Experienced Coaching Staff:**

**Camp Director Angus Means** has been teaching skating and skills for the last 25 years. He began his career with Paul Vincent's Dynamic Skating, working his way up from a junior counselor to camp director. After working full time for Dynamic Skating, Coach Means moved on to a full time teaching career and coaching hockey at the high school level. He has coached at Matignon for the last 7 years, rebuilding this proud program and leading the team to consecutive state playoff appearances. In addition, Coach Means has been involved with Hockey North, Hockey Night in Boston, NECDL, Cape Ann Hockey Camp, Mass Satellite Tryout Program, and instructed with both Mass and NH coaching education programs.

**The remaining staff** is comprised of the dedicated warrior staff, who bring a tremendous knowledge of the game with various hockey and coaching backgrounds. Coaches include:

**Jerry Toomey**, assistant coach at Matignon since 2004, head coach at Mass Jets, 2 year captain at Pingree School, and 4 year letter winner at Hobart College in the ECAC West.

**Ralph Nichols**, assistant coach at Matignon & Team Dynamic, lead instructor and youth hockey coach in Arlington & Woburn for the past 10 years, ice hockey official and long time youth baseball coach.

**Brian Lavioe**, EM Senators for the last 5 years, Matignon assistant coach, a 13 year ice hockey official, coached 7 years with Burlington youth hockey, and an assistant coach for 10 years with the Burlington High School baseball team.

**Power Skating and Skills Clinic**

- 10 hours of on ice instruction, 1-3pm daily
- Low instructor to student ratio
- Emphasis on strengthening the fundamentals of the game which increases confidence
- Open to all ages, students grouped by ability
- Report card given at the end so each student can continue learning
- Warrior Hockey Clinic shirt included
- Cost is \$225 for the entire week

**Skills covered include:**

- Edges, crossovers, takeoffs, long strides
- Stickhandling, passing, shooting
- Each skills is broken down and taught from its foundation
- As each skill is mastered, drills become increasingly more difficult to challenge each player

**Overspeed & Shooting Clinic**

- 10 hours of on ice instruction, 3-5pm daily
- Low instructor to student ratio
- Emphasis on strengthening the fundamentals of the game which increases confidence
- Open to all ages, students grouped by ability
- Report card given at the end so each student can continue learning
- Warrior Hockey Clinic shirt included
- Cost is \$225 for the entire week

**Skills covered include:**

- Speed, both short bursts & long distances
- Each shot is broken down & then practiced with movement
- Both concepts are then combined so players learn to shoot on the go, working on improving their release and accuracy

**Registration Information:**

**Last Name:** \_\_\_\_\_

**First Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Home phone:** (\_\_\_\_) - \_\_\_\_ - \_\_\_\_\_

**Emergency phone:** (\_\_\_\_) - \_\_\_\_ - \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Camp Registration:** (please check one)

Power Skating & Skills.....\$225

Overspeed & Shooting.....\$225

**Special Deal!**

Both Camps.....\$400

Clinic Contact Info:

To register or for more information, email or call:

**Jess DePolito –**

**Email:** [jdepolito@matignon-hs.org](mailto:jdepolito@matignon-hs.org)

**Phone:** 617-876-1212 x18

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